



one

honest conversation

Nearly half of people misusing pain relievers, including prescription opioids, get them from a friend or family member.¹

You can be the one to help keep your family safe. Talk with your kids and share the facts with other parents.

Learn more at
GetTheFactsRx.com

STOP OPIOID MISUSE Your influence matters

- ✓ Young people in Washington say that their parents are one of the biggest influences on their decision to use or not use drugs.²
- ✓ Talk to your kids about the risks of opioid misuse.
- ✓ Encourage your kids to talk with their doctor about other ways to treat pain.
- ✓ Lock up your medications.
- ✓ Dispose of unused medications safely at a take-back program near you. Find one at **MedTakeBackWashington.org**.

¹Source: Substance Abuse and Mental Health Services Administration
²Source: 2021 Healthy Youth Survey